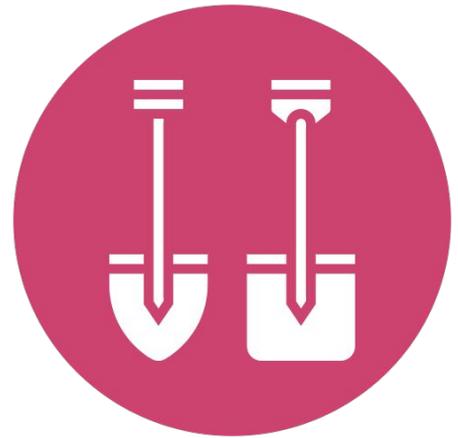


spades & shovels / rhawiau

**a co-production
training series**



Tools and techniques to support co-production practice

What

We offer a training suite of tools and techniques that we have found to be effective in supporting a robust co-production practice.

They can be booked individually or as a combined package. We offer versions of all these sessions adapted for online delivery. Talk to us about your needs!

We also offer **Train The Trainer** on our Introduction to Co-production module, to equip members of your team with the knowledge and resources to roll out training sessions internally and with partners.

Skills and knowledge for effective co-production and innovation



Costs are calculated based on duration and size of audience.

A reduced rate is available for smaller organisations.

Please refer to the charges slide for full details.

Introduction to co-production



A flexible module that can be delivered as a short event to generate buy-in in executive teams, or a half or whole day hands-on training session to turn theory into practice with management/team leaders and frontline staff.

This session is for anyone who has an interest in co-production or citizen involvement:

- what it is (and what it is not)
- why co-production matters
- how to introduce co-production into your organisation
- toolbox of methods and techniques
- models, case studies and illustrative examples



**Duration: from 1-2 hours, to half a day or 1 day
(depending on the audience and purpose)**

Co-production Train the trainer



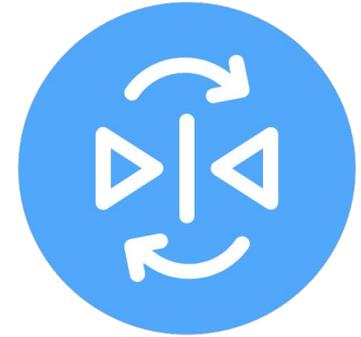
A full day “introduction to co-production” training session delivered in a train the trainer format, to equip key members of your staff with the knowledge and resources to roll out the sessions internally. *This session assumes the attendees have the basic skills and confidence to deliver training interventions.*

- Experience the full session first hand
- Understand the content and delivery methods
- Know what to expect, how to deal with common questions and objections
- Acquire all the materials and resources to deliver it in turn
- A modular approach so that the content can be adapted to any format
- Includes all the training materials and resources



Duration: 1 day in house, up to 15 people

Action learning for co-production



Action learning sets foster reflective group learning and enable collective support, to transform issues into actions.

- A set (5 to 8 members) meets on a regular basis
- Each member has the opportunity to present a problem, decision or challenge
- The rest of the set, utilising tested and codified techniques, supports the presenter to reflect and arrive at actions
- Space for (individual and group) reflection and learning, to support and drive change
- Fosters different ways of approaching and solving problems effectively, new ways of thinking, collective learning to drive improvement



Duration: 1 day training and setup + 3 facilitated half day sessions (after which the experienced set carries on)

Non-violent communication for co-production



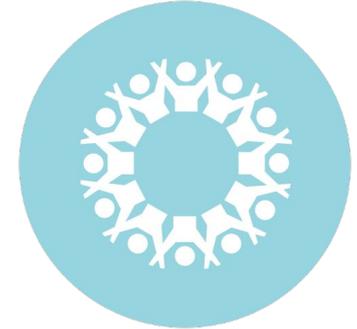
Practical empathy for people who co-produce: because relationships are the operating principle in co-production, complexity and innovation.

- Effective communication to build trust and empathy
- Grow personal attributes of self-awareness and mental/emotional resilience
- Recognise the variety of human needs and experiences
- Be able to navigate this with constructive communication in any situation
- Create an environment that builds trust and empathy
- Deal with conflict and maintain a relationship-focused environment
- (Both internally and with stakeholders and communities)



**Duration: 1 day training + 2 half days
practice/mentoring/coaching**

Facilitation skills for co-production



Facilitation, engagement and relationship building skills for people who co-produce:

- Understand the role and skill set of the facilitator
- Structure gatherings that are inclusive and achieve their purpose
- A range of tools, techniques and methods for groups large and small
- Engage stakeholders of all kinds and respond to challenges
- Nurture relationships and manage group dynamics
- Facilitate connections and hold space for processes to unfold
- Create an environment for trust, constructive challenge and collaboration



Duration: 2 days (Quarterly check-in webinars are available to support practice)

Evaluation in co-production



Evaluation and co-evaluation using Measuring What Matters:

Choose the right methods to ask the right questions, of the right people, in the right way.

Using the toolkit (half day):

- Understanding evaluation of co-production and co-productive evaluation
- Introducing the methodology of the Measuring What Matters tool
- Demonstration through working examples of application

Practical application (additional half day):

- Unpack and discuss your own evaluation needs
- Identify which established evaluation methods you can use
- Leave with an action plan ready to implement for a fully evaluated project



**Duration: 1 half day (toolkit) or
1 day (with practical application)**

Charges

Full rate
(e.g. public sector,
large organisations)

Reduced rate
(e.g. community sector,
small/medium
organisations)

Facilitation and training with groups inclusive of ½ day preparation per 1 day delivery

		Full rate	Reduced rate
Half day	up to 15 people	£400+VAT (£480) + expenses	£300+VAT (£360) + expenses
	16-40 people	£500+VAT (£600) + expenses	£375+VAT (£450) + expenses
	over 40 people	£600+VAT (£720) + expenses	£450+VAT (£540) + expenses
Full day	up to 15 people	£600+VAT (£720) + expenses	£450+VAT (£540) + expenses
	16-40 people	£750+VAT (£900) + expenses	£560+VAT (£672) + expenses
	over 40 people	£900+VAT (£1,080) + expenses	£700+VAT (£840) + expenses



Who

Our training is delivered by our team of trainers and associate consultants operating under the banner of the Co-production Network.

Noreen Blanluet, Director					
Mike Corcoran, Associate					
Ruth Dineen, Associate					
Alain Thomas, Associate					
Dave Horton, Associate					



We are expanding the team - get in touch if you have capacity to deliver some of these sessions or have additional topics to add to the training portfolio.

About

The Co-production and Involvement Network for Wales Ltd *(Trading as: The Co-production Network for Wales)*

The Co-production Network for Wales is the leading organisation in Wales with specialist expertise in co-production and citizen involvement. It offers capability building across sectors through training and consultancy, in both strategic and delivery organisations. Our strength lies in our ability to combine hands-on facilitation and training skills with advisory and strategic input, and in our distributed membership of citizen and professional practitioner members across sectors.

**For a fairer and more sustainable Wales
where everyone has a voice.**



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